

Absa Run Your City Race - 10km

Route Description - 2024

(The route is measured on the shortest possible line unless otherwise stated and was marked in blue paint)

0km (Start).

In Stanza Bopape Street - 24 meters west of the middle of Madiba Street - 0,5 meters west of lamp post D77 - the athletes start in a western direction - right into Zeederberg Street - left into Madiba Street - left into Hamilton Street - the athletes run on the right-hand side of the street (a one-way street) with the flow of traffic - right into Pretorius Street - the athletes run on the right-hand side of the street with the flow of traffic

1km.

In Pretorius Street - ±80 meters before Steve Biko Road - 6 metres before the middle of the exit gate of the parking area of the Southern Sun hotel - 17 meters before lamp post 78

2km.

In Pretorius Street - 70 meters past the middle of Sisulu Street - 10 metres before the middle of the western gate of the service entrance of the State Theatre - right into Paul Kruger Street - the athletes run anti-clockwise around Church Square - right into Paul Kruger Street

3km.

In Paul Kruger Street - 41 metres before the middle of Madiba Street - 9 metres before the fire hydrant - left into Johannes Ramokhoase Street - the athletes run on the left-hand side of the street with the flow of traffic - left into Sophie de Bruyn Street - the athletes run on the left-hand side of the street with the flow of traffic

4km.

In Sophie de Bruyn Street - 5 meters past the middle of WF Nkomo Street - 10 meters before lamp post C24 - left into Nana Sita Street - the athletes run on the left-hand side of the street with the flow of traffic

5km.

In Nana Sita Street - 145 meters before the middle of Thabo Sehume Street - 7 meters before lamp post TRT026 - 17 meters before the middle of the entrance to the parking area - left into Nelson Mandela Drive

6km.

In Nelson Mandela Drive - ±60 meters before Francis Baard Street - 28 metres before the overhead direction board - 17 metres past lamp post 41 (lamp post in the middle of the street) - the athletes cross over Nelson Mandela Drive to the corner of Nelson Mandela Drive and Francis Baard Street - right into Francis Baard Street - the athletes run on the left-hand side of the street with the flow of traffic

7km.

In Francis Baard Street - 66 meters before the middle of Leyds Street - 6 metres before lamp post D48

8km.

In Francis Baard Street - 91 meters past the middle of Beckett Street - 6 metres before lamp post 62 - left into Eastwood Street - left into Stanza Bopape Street - the athletes run on the right-hand side of the street facing the traffic

9km.

In Stanza Bopape Street - 77 meters before the middle of East Avenue - 11 meters past lamp post D135 - right into Madiba Street

10km.

In Madiba Street - ±160 meters past Stanza Bopape Street - 2 meters west of the middle of the vehicle entrance gate to the Union Building gardens - 9 meters west of lamp post D3.