

COMPETITION RULES

1. All road running meetings shall take place under the auspices and rules of World Athletics (WA), Athletics South Africa (ASA), and Central Gauteng Athletics (CGA).
2. Athletes indemnify and will not hold responsible the national, provincial, and regional athletics bodies, sponsors, and the race organizer against all claims or actions of whatever nature arising from participation in the event.
3. Athletes participate entirely at their own risk: By entering any CGA-sanctioned event, athletes confirm they are medically fit to participate and accept full responsibility for their health. Participants must supply the name and contact number of their next of kin when entering a race.
4. Licensed athletes must wear their permanent license numbers on the front and back of their vest or t-shirt. The issued race number must be worn on the front without obscuring any sponsor name or logo.
5. Athletes not affiliated with a club must purchase a temporary license when entering online or at the registration venue before the start of the race.
6. Non-South Africans must purchase a temporary license when participating at any ASA affiliated event.
7. Athletes competing for category prizes must wear clearly visible age category tags of the appropriate size on the front and back of their running vest or t-shirt.
8. In any events/races, unless disallowed in the competition rules, when an athlete cannot be present at the prize giving ceremony, by prior arrangement, a representative of the prize-winning athlete may collect the award on the athlete's behalf during the award ceremony. Failing the above, the athlete will forfeit his/her prize money. Prize winners must present a valid identity document to the appointed referees before prize-giving or at any other time required.
9. Walkers competing for walkers' prizes must wear walker tags on the front and back of their running tops and must comply with Rule 32.1 of the ASA Domestic Rules and Regulations.
10. The use of earphones, headsets, or similar devices during the race is strictly prohibited.
11. Participants must request permission from the race organiser prior to the race for the use of wheel carts, prams, or wheelchairs.
12. No animals or pets are permitted to participate.
13. Instructions issued by traffic officers and race officials must be obeyed at all times.
14. Failure to comply with these rules, or any other rules issued by the race organiser, may result in immediate disqualification, forfeiture of prize money, nullification of results, or a combination thereof. Further remedial action may be taken in line with the GA/ASA Constitution. The decision of the race referee is final.
15. These rules must be read together with the ASA Domestic Rules and Regulations, and the CGA Rules and Regulations Manual for detailed information.

